

Qualität und Funktion

**Gebrauchsanweisung**  
*Instruction Manual*

**DAHO® Typ 4**  
**DAHO® Typ 4P**



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Please read the IFU carefully before fitting. Only correct usage will warrant the function.

### 1. Intended use

The DAHO® hand orthosis is a modular orthotic system for post-operational support, injuries or illnesses of the fingers and hand. The DAHO hand orthoses type 4 and type 4P are intended to immobilize the wrist, finger and thumb joints.

### 2. Technical data

#### 2.1 DAHO® Typ 4

Support orthosis

**REF**

Order No.	Size	Side	Article No.
DAH04-SL	S	left	4 501 080 01 01 000
DAH04-ML	M	left	4 501 080 01 02 000
DAH04-LL	L	left	4 501 080 01 03 000
DAH04-XLL	XL	left	4 501 080 01 04 000
DAH04-SR	S	right	4 501 080 02 01 000
DAH04-MR	M	right	4 501 080 02 02 000
DAH04-LR	L	right	4 501 080 02 03 000
DAH04-XLR	XL	right	4 501 080 02 04 000

#### 2.2 DAHO® Typ 4P

Support orthosis perforated

**REF**

Order No.	Size	Side	Article No.
DAH04P-SL	S	left	4 501 090 01 01 000
DAH04P-ML	M	left	4 501 090 01 02 000
DAH04P-LL	L	left	4 501 090 01 03 000
DAH04P-SR	S	right	4 501 090 02 01 000
DAH04P-MR	M	right	4 501 090 02 02 000
DAH04P-LR	L	right	4 501 090 02 03 000

### 3. Indication/ Contraindication

Indication:

- In the primary phase of treatment, e.g. after burns
- With acute pain
- For physiological support after hand surgery

Contraindication:

- Extreme deformities of the forearm or hand
- Extreme small or large hands
- Open wounds (without wound coverage)

### 4. Side effects

If the orthosis has been worn for a long period, the corrective pressure can lead to skin impressions and -irritations.

### 5. General safety instructions



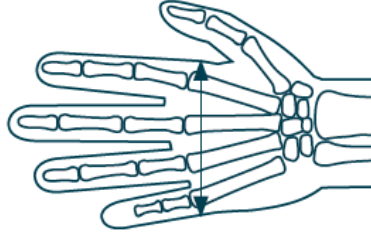
- This medical products is single patient multiple use.
- Fitting/service of the medical devise is only allowed by a certificated orthopedic professional.
- The professional should instruct the correct use of the devise to the user.
- The DAHO® Handorthosis is a prescription product that should be worn according the medical instructions.
- DAHO® Handorthosis should only be worn in accordance with these instructions and for the indications described.
- In the event of incorrect use product liability is excluded.
- In the event of over sensitivity of the skin, known contact allergies and sensitivity to pressure, a cotton glove should be worn under the DAHO® Handorthosis.
- No inexpert alterations may be made to the product. This may result in the performance of the product being limited, with the consequence that product liability is excluded.
- Patients should consult their doctor in the event of unusual changes in the hand function (e.g. an increase of the complaints).
- Combination with other products must be discussed with the patient's doctor beforehand.
- In the event of changes in performance or malfunctions of the orthosis, the patient should contact their orthopedic technician or doctor immediately.
- Avoid contact of the orthosis with wounds and skin deformations, without wound coverage!

## 6. Application information

### 6.1 Size Selection

To select the right orthotic size, the metacarpal width is measured at the level of the MCP joints.

Size	Midhand width
S	bis 7 cm
M	bis 8 cm
L	bis 9 cm
XL	bis 10 cm



### 6.2 Adjustment

The orthosis is worn on the skin or on a thin glove. According to the specific condition, the orthosis must be individually adapted either with thermoplastic or a mechanical conversion.

- After the orthosis has been adjusted the hook and loop fasteners (included) can be fitted.
- Type 4P is more breathable, because of the perforations in the device.

### 7. Maintenance and Cleaning



The orthosis can be washed with mild soap and handwarm water. Standard available disinfectants may be used for disinfection.

### 8. CE-Conformity

The product satisfies the requirements of Regulation (EU) 2017/745 of the European Parliament and of the Council (MDR) and bears the CE mark. All major incidents related to the product needs to be informed to Uniprox and the competence European Authority.

### 9. Warranty and Guarantee

We recommend to change/renew the hand orthosis after 12 month.

Warranty is provided under the terms of sale and supply of Uniprox GmbH & Co. KG provided that the above conditions are met.

### 10. Storage and Disposal

There are no special storage regulations for the orthosis.

The product is disposable with standard household garbage.

### Please direct any questions to:

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